

## Cucumber Yogurt Salad

### Preparations:

1. Place yogurt in a bowl. Add the grated cucumber and the lemon juice. Season with salt and pepper. Mix them well and enjoy. Garnish with mint if you prefer.

### Tips:

- 1. This Cucumber Yogurt is best served chill. You can refrigerate for few hours or simply use refrigerated ingredients and serve immediately.
- 2. You can be creative with this dish by adding chopped walnuts, almonds or raisins. You even can add in any herbs that you prefer. Enjoy!.

**Serving: 2-3 persons**

### Ingredients:

- 1 medium cucumber; grated
- 250 ml / 1 cup natural yogurt
- half tablespoon lemon juice
- Salt and pepper